DAYTIME CLASSICS

Available until 5pm

FRUIT LOAF

\$4 / \$4.5

Served buttered, with your choice of spreads
- Add an extra slice \$1.5

CREATE YOUR OWN SANDWICH

Available until 5pm

BREAD OPTIONS

White bread wholemeal bread multigrain bread wrap	\$
Gluten free bread	\$2
MEAT OPTIONS	
Ham roast beef bacon chicken breast tuna	\$3
Turkey grilled chicken salmon	\$4

SALAD & FILLING OPTIONS

Tomato lettuce carrot onion cucumber beetroot	80¢
All of the above salads	\$4
Baby spinach pineapple	\$1
Cheese slice grated cheese free-range egg	\$1.50

KEY

Members price / Non-members price

V Vegetarian

GF Gluten Free

VG Vegan

VGO Vegan Option

GFO Gluten Free Option

Please be aware that dietary symbols should be used as a guide only. Ingredients such as seafood, shellfish, nuts, sesame seeds, eggs, wheat flour, fungi and dairy products are all used in our kitchen. While all care is taken to prepare meals as listed, meals may or may not come into contact with other ingredients whilst being prepared. Please inform our staff if you have allergies or specific requirements.

SOFT SERVE DESSERTS

VANILLA ICE CREAM CONE		\$2.5/\$3
VANILLA ICE CREAM WAFFLE CONE		\$3/\$3.5
SOFT SERVE ICE CREAM SUNDAE	Kids	\$2.5 / \$3
With choice of topping	Regular	\$3.5/\$4
	Larae	\$5/\$5.5

COLD BEVERAGES

MILKSHAKES With soft serve ice cream available in vanilla, strawberry caramel, lime, coffee or banana and malt flavours	\$6 / \$7 , chocolate,
FRUIT SMOOTHIE Ask for today's flavours	\$6 / \$7
FRUIT CRUSHES Choice of mango, tropical or mixed berry flavours FRAPPES Choice of chocolate, espresso, mocha, vanilla, choc berr chocolate or caramel flavours	\$6 / \$7 \$6 / \$7 y, white
COFFEE, TEA & CHOCOLATES	\$3.3/\$3.8

SHORT BLACK	\$3.3 / \$3.8
LONG BLACK	\$3.7/\$4.2
FLAT WHITE	\$3.7 / \$4.2
CAPPUCCINO	\$3.7 / \$4.2
MUGUCCINO	\$4.4 / \$4.9
LATTE	\$3.7 / \$4.2
FLAVOURED LATTE	\$4.5 / \$5
CHAILATTE	\$4.5 / \$5
НОТ МОСНА	\$4.4 / \$4.9
HOT CHOCOLATE	\$3.7 / \$4.2
CUPOFTEA	- \$2.4 / \$2.9
POT OF TEA	\$3.3 / \$3.8
CUP OF HERBAL TEA	\$2.9 / \$3.4
POT OF HERBAL TEA	\$4.2 / \$4.7
ICED LATTE	\$5 / \$5.50
ICED COFFEE	\$5 / \$5.50
	*

Milk alternatives are available







www.cabsports.com.au

BRUNCH

DRUNCH	
BACON & EGGS Sourdough bacon free range eggs	\$14 / \$16
EGYPTIAN EGGS V © Free range poached eggs toasted Turkish roll	\$15 / \$17
charred capsicum oil hollandaise dukkha Benedict – Bacon spinach Florentine – Field mushrooms spinach	
Royale – Char-grilled salmon spinach	
SMASHED AVOCADO V Ciabatta avocado free range poached eggs fetta roc	\$15 / \$17 cket
HEALTHY START V Potato rosti free range poached eggs pumpkin sourdough rocket field mushrooms relish halloumi pesto citrus hollandaise - Add bacon \$4	\$15 / \$17
GREEK EGGS V Free range scrambled eggs house-made flatbread spinach lemon whipped fetta chives	\$16 / \$18
THE LANEWAY Potato rosti bacon free range eggs sausages field m beans blistered vine tomatoes dark rye - Add halloumi \$3	\$16 / \$ 18 Iushrooms
SALADS / BOWLS	
CHICKEN RANCH SALAD G Grilled chicken breast crispy bacon avocado onion d cherry tomatoes black beans grated cheese iceberg spinach ranch dressing	
SUPERFOOD NOURISH BOWL G V C	\$16 / \$18

Brown rice | grilled chicken | iceberg lettuce | carrot onion | spinach | cherry tomato | fetta | chilli lime aioli

ASIAN STYLE CRISPY PORK & PRAWN \$16 / \$18 Asian style slaw | onion | cucumber | crispy coated pork pieces salt & pepper prawns | Japanese mayo

SALMON & AVOCADO SALAD	\$16 / \$18
Tasmanian salmon fresh avocado cucumber	
red onion cherry tomato carrot dill mixed leaf lettu	ce
citrus mayo	

LIGHT MEALS

4	
GARLIC BREAD	\$8 / \$9
- Add cheese \$2	
ROAST BEEF ROLL	\$10 / \$12
Tender roast beef gravy brioche long bun beer batter	ed chips
SALT & PEPPER CALAMARI	\$15 / \$17
Salt & pepper squid petite salad beer battered chips	1 - 1
tartare lemon	12
REUBEN SANDWICH	\$15 / \$17
Shaved pastrami dill pickles sauerkraut Swiss cheese	71
Reuben dressing ciabatta beer battered chips	
ASIAN TASTING PLATE	\$15 / \$17
Spring rolls prawn toast Japanese tempura prawns	6.7
chicken dim sum pork dumpling prawn crackers dippi	ng sauces
VEGETARIAN NACHOS 🕞 💟 🚳	\$15/ \$17
VEGETARIAN NACHOS 🕞 💟 🍩 Corn chips grilled vegetables black beans salsa	\$15/ \$17
	\$15/ \$17
Corn chips grilled vegetables black beans salsa	\$15/\$17
Corn chips grilled vegetables black beans salsa guacamole cheese	\$15/\$17 \$15/\$17
Corn chips grilled vegetables black beans salsa guacamole cheese - Vegan option: swap for vegan cheese \$2	
Corn chips grilled vegetables black beans salsa guacamole cheese - Vegan option: swap for vegan cheese \$2 MEXICAN BEEF NACHOS G	
Corn chips grilled vegetables black beans salsa guacamole cheese - Vegan option: swap for vegan cheese \$2 MEXICAN BEEF NACHOS @ Toasted corn chips Mexican spiced beef mince	
Corn chips grilled vegetables black beans salsa guacamole cheese - Vegan option: swap for vegan cheese \$2 MEXICAN BEEF NACHOS G Toasted corn chips Mexican spiced beef mince sour cream guacamole cheese	\$15 / \$17 \$16 / \$18
Corn chips grilled vegetables black beans salsa guacamole cheese - Vegan option: swap for vegan cheese \$2 MEXICAN BEEF NACHOS Toasted corn chips Mexican spiced beef mince sour cream guacamole cheese HAND CRUMBED FLATHEAD FILLETS	\$15 / \$17 \$16 / \$18
Corn chips grilled vegetables black beans salsa guacamole cheese - Vegan option: swap for vegan cheese \$2 MEXICAN BEEF NACHOS (Toasted corn chips Mexican spiced beef mince sour cream guacamole cheese HAND CRUMBED FLATHEAD FILLETS Hand crumbed flathead petite salad beer battered chip	\$15 / \$17 \$16 / \$18
Corn chips grilled vegetables black beans salsa guacamole cheese - Vegan option: swap for vegan cheese \$2 MEXICAN BEEF NACHOS G Toasted corn chips Mexican spiced beef mince sour cream guacamole cheese HAND CRUMBED FLATHEAD FILLETS Hand crumbed flathead petite salad beer battered chip tartare lemon	\$15 / \$17 \$16 / \$18

BURGERS Gluten free bun available \$2

SIMPLY CHICKEN	\$16 / \$18
Crumbed chicken breast iceberg lettuce tomato onion beetroot cheese chilli lime aioli toasted milk bun beer battered chips	
THE BIG BEEF & BACON Grilled beef patty bacon double cheese pickles lettuce beetroot mayo onion relish toasted seed beer battered chips - Add free range egg \$2	\$16 / \$18 ed bun
ANEWAY STEAK SANGA Rib fillet steak cheese lettuce tomato beetroot onion BBQ sauce Texas toast beer battered chips Add the lot (bacon pineapple free-range egg) \$4	\$16 / \$18
GARDEN DELIGHT (V V Grilled halloumi mushrooms mixed lettuce tomato onion carrot tomato relish Turkish bun beer battered chips - Add vegan crispy chicken \$4.50	\$16 / \$18
WRAPS Fresh / Toasted	21
ASIAN PORK BELLY Dressed Asian slaw edamame beans cucumber crispy pork belly Szechwan plum dressing beer battered chips	\$15 / \$17
CHICKEN, BACON & AVOCADO Grilled or crispy chicken breast bacon lettuce tomato onion spinach grated cheese avocac ranch dressing beer battered chips	\$ 15 / \$17
VEGETABLE BURRITO Brown rice corn avocado onion capsicum bruschetta black bean cheese sour cream corn chips	\$15 / \$17
SNACKS & SIDES	
GARDEN SALAD	\$5 / \$6
POTATO GEMS	\$6 / \$7
BEER BATTERED CHIPS	\$8 / \$9
	\$8/\$9